



CHANEL COLLEGE

news

4 May 2017
Term 2 Week 3
VOLUME 50

"To act justly, to love tenderly and walk humbly with your God" Micah 6:8

From the Principal

upcoming events

Term 2

Week 4

Tue 9 May

- Year 7 for 2018 Information Evening 5.00 pm
- Year 10 & 12 CAREERS & EDUCATION EXPO
- Years 7 & 9 NAPLAN TESTING

Wed 10 May

- Years 7 & 9 NAPLAN TESTING

Thur 11 May

- Years 7 & 9 NAPLAN TESTING

Week 5

Wed 17 May

- CHANEL DAY
- P & F Meeting

Week 6

Sun 21 May

- Buddies Day

Tue 23 May

- Student Representative Council Meeting (First Break)

Wed 24 May

- Stella Maris Feast Day
- Year 10 ACTS Camp

Thur 25 May

- Year 10 ACTS Camp

Fri 26 May

- Year 10 ACTS Camp
- Year 7 for 2018 Enrolment Applications Close

CAFÉ
CHANEL

Chanel Day



Chanel Day will be celebrated on **Wednesday 17 May** beginning with Mass in the Marian Centre at 9.00 am. I would like to extend a warm invitation to all members of our community to join us for this

special event in the life of the College.

The Year 12 students will be working very hard to put together the program of activities for the remainder of the day. We look forward to hosting the Year 6 students of Star of the Sea, St John's and St Francis.

Wed 17 May 2017

ANZAC Day

Participation in ANZAC Day ceremonies, parades and marches is a significant part of our lives as Australians. We had a very moving ANZAC Day Assembly at the College on Monday 24 April and I am proud to report that we were represented by a large number of both staff and students at the Dawn Service and main March in Gladstone and also at ceremonies in Calliope and Tannum/Boyne Island. Apart from our participation in the marches and ceremonies, the Chanel College Choir and the Drumline were outstanding in their contribution to the Gladstone ceremonies.



Sincerely

Susan
Dr Susan Bunkum PhD

Chanel College

11 Paterson Street, Gladstone Qld 4680

Phone: 07 4973 4700 Fax: 07 4973 4799

E-mail: the.secretary@chanelcollege.qld.edu.au Website: www.chanelcollege.qld.edu.au

Student Absentee Hotline: 4973 4791





Good News

Kath Hore - Mission & RE Support Officer

Movers and Shakers

On the second week of the Easter holidays, Ainsley Childs, Lachlan Pacheco, Dusty Pascoe and I had the opportunity to participate in the Movers and Shakers Christian Leadership Program in Toowoomba. We were chaperoned by Mrs Linda McNamara from Rockhampton and thank her for taking such good care of us.

On the first, the four of us were all feeling a little sceptical as we showed up at the John Byrne Centre and were daunted with the thought of spending the next five days with sixty people whom we had never met.

But when I say that we had an absolute blast, not only do I speak on behalf of the Chanel participants, but everyone who took part in the program. Under the Movers and Shakers oath I cannot reveal the exciting details of the program but I can say that we all left with a newfound appreciation for ourselves, others and God.

During the five day program we learnt a lot about leadership and how to implement it in everyday life and all situations as well as bonding with all of our new friends. The decision to go to Movers and Shakers was honestly one of the best I have ever made and I know that I speak for many of the participants when I say this.

I would recommend Movers and Shakers to anyone and everyone, if you are a great leader, a developing leader or do not consider yourself a leader at all, you can learn so much from this program! If you want to learn more about Movers and Shakes program, you'll just have to go next year!

Grace Graham.





Good News

Kath Hore - Mission & RE Support Officer

The Spirit of ANZAC

Many thanks to Mrs Wales and our Student Representative Council who prepared and led a very moving ANZAC Day ceremony at the college on Monday 24 April.

Students paid homage to those who have given their lives so that we may live in freedom. In actively participating in the Anzac Day Ceremonies, they also acknowledged the many people who have returned from wars carrying mental and physical scars and those currently fighting for, or engaged in, keeping peace and stability in various trouble spots in our world today.

Chanel Day Mass

We extend to everyone a special invitation to come and celebrate with staff and students, our Chanel Day Mass, on Wednesday 17 May commencing at 9:00 am in the Marian Centre.

Second Hand Uniform Outlet

The Second Hand Uniform 'Outlet' - **now located in the Student Services Building (Old Administration Building)** - is open during first break, each Wednesday. Please enquire at the front desk in Student Services.

Formal uniforms are \$10.00 per item, sports uniform and house shirts are \$5.00 per item and jackets sell for \$25.00 each.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Mrs Botica's Year 10 R&E Class – Thursday 11 May

Mass is celebrated in the College Chapel at 10.40 am each Thursday. **ALL WELCOME**

No Mass Thursday 18 May as Chanel Day Mass will be celebrated at 9.00 am on Wednesday 17 May.



ANZAC DAY

LEST WE FORGET

Over a quarter of our students represented the College at ANZAC Day services throughout the region to demonstrate that we will

not forget. The student photographs record the contributions made to preserving the ANZAC tradition and each student is thanked for being a part of this important day.

The significance to the Gladstone Dawn Service of the College Choir, inspired by Mrs Tanna, Mrs Chapman and Miss Frank, cannot be exaggerated.

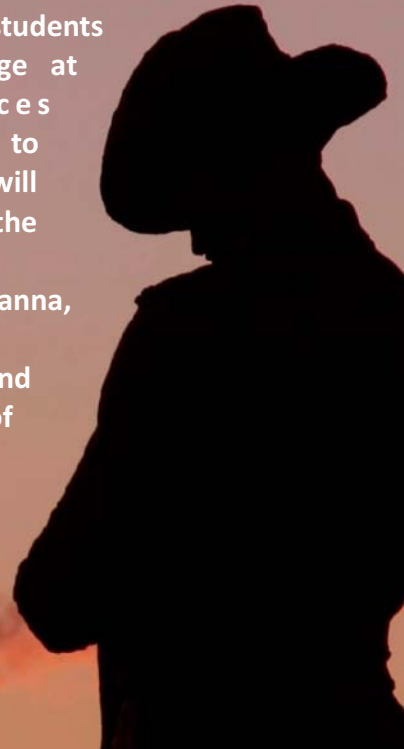
For the first time, at the main Gladstone service, Anna Hagedorn, Delaney Burke and Naomi Redshaw accompanied Mrs Wendy Lanson in singing the National Anthems of Australia and New Zealand.

Our Drumline led the Chanel community by playing stirring music while marching proudly in the main Gladstone Parade.

Student volunteers helped serve the luncheon and work in the kitchen at the Bowls Club to provide a meal for those who had marched.

We will remember them.

More photos on Chanel College Facebook page





RESILIENCE

Supporting young people at risk & building resilience

Concern for our young people has arisen with the recent airing of the American series "13 Reasons Why". It is important to note that this program is based on a novel and its graphic content is not a real life re-enactment.

While as parents and educators we endeavour to shield young people from the harsher realities of today's world, it is important that we support them by continuing to provide opportunities to discuss worries and concerns. Many young people demonstrate resilience and are able to differentiate between real life and television drama, however, those who are more vulnerable are at heightened risk.

Being aware of warning signs, changes in behaviours or indicators that things aren't going well is imperative, particularly as young people who are vulnerable are less likely to seek help directly. It is important that these signs are taken seriously and help is sought immediately.

Warning signs may include:

- Threats of self-harm, both direct and indirect
- Giving away of prized possessions
- Preoccupation with death in conversations, drawings and social media
- Changes in behaviour, appearance/ hygiene, thoughts and/or feelings. This can include someone who is generally 'sad' who becomes extremely 'happy'.
- Emotional distress

The following actions can assist in the event that you find yourself needing to respond to a child or young person at high risk:

- Remain calm, be non-judgemental and actively listen. Strive to understand the intolerable pain that has resulted in these thoughts/actions.
- Avoid making judgemental comments such as "you need to move on" or "you need to get over it".
- Focus on your concern for their wellbeing
- Reassure them that there is help and that they will not feel like this forever
- Provide constant supervision. **Do not leave him/her alone.**
- Ask the person directly if he/she is thinking about suicide

- Without putting yourself in danger, remove means of self harm
- **GET HELP ASAP – Never agree to keep the situation 'secret'.** Seek help through your local GP, mental health services or school counsellor.
- **If you are concerned for the young person's immediate safety, phone 000 or go immediately to the local Emergency Department.**

The following websites provide helpful information to address concerns and provide support:

- eheadspace <https://www.eheadspace.org.au>
ph 1800 650 890
- Kids Helpline www.kidshelp.com.au
ph 1800 551 800
- Youth Beyond Blue
<https://www.youthbeyondblue.com/>
ph 1300 224 636
- o **Managing social media after a suicide -**
<https://www.headspace.org.au/assets/Uploads/Corporate/Managing-social-media-following-a-suicide-web.pdf>
- o Grief: How young people may respond to suicide –
<https://www.headspace.org.au/assets/Uploads/Corporate/Grief-How-young-people-might-respond-to-a-suicide-web.pdf>
- o Supporting your young person over the holidays -
<https://www.headspace.org.au/assets/Uploads/Corporate/Support-your-young-person-during-the-holidays-web.pdf>
- o How to talk to young people about suicide -
<https://www.headspace.org.au/assets/School-Support/How-to-talk-about-suicide-with-young-people.pdf>

Year 7 Students promoting our great community

Recently Chanel College visited primary schools in Gladstone and Tannum Sands to promote and inform the Year 7 for 2018 students about our great community here at Chanel.

Our Chanel College Year 7 students who presented this information were Lily Overend, Nick Hall, Sophie Potter, Chantelle Sharp, Zarah Nash and Will Hayman. I would like to thank each of them for being great ambassadors of our College.





Chanel College

4973 4700
GLADSTONE



**Tuesday
9 May 5pm**

Marian Centre
Chanel College

Year 7 for 2018

INFORMATION EVENING





This week our Year 10 students participated in the Loves Bites Program. Love Bites is an educational program focussing on the development of positive relationships and violence prevention. The program is about preventing domestic and family violence and sexual assault. It was designed by the National Association for Prevention of Child Abuse and Neglect (NAPCAN).

The Love Bites program consists of two interactive educational workshops on Domestic and Family Violence and Sexual Assault awareness followed by a creative workshop in the afternoon that consolidates the information from the morning sessions. Throughout the day our students were encouraged to develop their skills in identifying safe, healthy and equitable relationships. The facilitators also explored conflict resolution and advised our students how to access support services within our community if required.

The Coordinated Community Response to Domestic and Family Violence (CCR) is a multiagency organisation promoting awareness in the community through a number of events spread across the year. This month is Domestic and Family Violence Awareness Month. The CCR can be accessed on its Facebook page where it shares the Love Bites art work and what activities that are happening within the community.

Our current Year 10 students produced some wonderful artwork during the afternoon creative session. This artwork will be used in the 2018 campaign.

The facilitators are all members of the Coordinated Community Response to Domestic and Family Violence Committee. Thank you to all of them for presenting the Love Bites program to our Year 10 students:



2017 GLADSTONE

CAREERS EXPO

WHAT'S YOUR NEXT CHAPTER?

2017 Careers Expo

The annual Careers Expo is being held on Tuesday 9 May at CQU. Our Years 10 and 12 students will be attending and travelling by Bus to and from the Expo.

All permission forms must be returned by Friday 5 MAY!

9TH MAY 2017 | CQ UNIVERSITY, MARINA CAMPUS

www.gladstonecareersexpo.com

CAREER EXPO PARTNERS AND EXHIBITORS:



Attention
Careers Advisers, IT Teachers
& all Year 9-12 students
interested in TECHNOLOGY

Please see Mrs Crane for all
the info on the BIG DAY IN

Thursday 8 June 2017



Wednesday 31 May 2017



Tom on right path to success

**TOM EMERICK &
CEMENT AUSTRALIA**

Congratulations to Year 12 student, Tom Emerick who has started a one day a week, Work Experience in Diesel Fitting with Cement Australia. Well done, Tom, keep up the great work!



FUTUNA FEAST DAY

Thank you to all the students, parents and staff who contributed to making Futuna Feast Day a success.



INTERSCHOOL TOUCH FOOTBALL- ROUND 1

The Interschool Touch competition for 2017 kicked off on Tuesday afternoon, which is a little different from previous years when it has been held in Term 4.

Chanel again has a very good representation of teams in the competition and performed strongly in the first Round. The Open Girls had a strong win against Toolooa, winning 5 - 2. The Open Boys also showed their skills and teamwork, defeating Toolooa 9 - 2.

Unfortunately, opponents of the Year 7/8 Boys, Year 9/10 Girls and Year 9/10 Boys forfeited. The Chanel Year 7/8 Boys ended up playing a scratch match against the Chanel Year 9/10 Girls, which became a very entertaining game. The girls gave the boys a good run for their money, with some fine skills and plays demonstrated by both teams.

Round 2 will be this Tuesday afternoon and then there will be the Biloela trip in Round 3 (Tuesday 16 May). A reminder to all players to make sure they are available for the Biloela trip. It is always an enjoyable afternoon to travel out there and we only need to do this trip once every four years for Touch.

One benefit of playing in Term 2 is that we get to see the Touch talent in the school for those who are keen to try out for the All Schools Teams going to Brisbane in early Term 4.

Best of luck for all teams in Round 2!

Mr Davis
Touch Football Coordinator

CONFRATERNITY CAMPAIGN 2017

Preparations are in full swing for the Confraternity League Carnival in the first week of the June/July holidays. Training attendance has been very good, even though we have had some interruptions due to weather events and date clashes with events. While Coach Chris Andersen has been pleased with the progress, he is still emphasising that there is much to do before we choose the final 20 who will make up the squad.

We are very fortunate to have a number of sponsors this year who are supporting the team. We thank them very much for their assistance in making the trip much more accessible for the players. Our sponsors are **FROST ENGINEERING, BUTLER AND SONS FABRICATION, INVESTBLUE, DEPARTURE POINT, MONADELPHOUS** and the **BROTHERS SENIOR RUGBY LEAGUE CLUB**.

The numbers in the squad are being fine tuned over the next few weeks. However, it would be great to continue to have all players on board for training because injuries and other reasons always come up and we need to make adjustments as time goes on.

Mark Davis
Confraternity Manager



BUTLER FABRICATION PTY LTD

 **Monadelphous**

 **FROST
ENGINEERS**

Chanel Day



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Wed 17 May 2017

WE ARE BACK
Friday 26 May
CAFÉ
CHANEL

Open 9.30 am to 2.00 pm



BRING YOUR FRIENDS AND SHARE MORNING TEA OR LUNCH
Book by 22 May by emailing: susan_going@rok.catholic.edu.au

BOOK NOW DON'T MISS OUT!

Please Pray for ...

- People in our community who are unwell or recovering from illness
- The many refugees risking their lives fleeing unstable regions in the Middle East
- Peace in our world and an end to all wars
- The innocent victims of war
- People who work with our youth to ensure they are given the opportunity to reflect on and live out their faith.

Praise and Thanks for ...

- All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- The opportunity for parents, students and teachers to meet together in partnership to discuss students' learning.
- The opportunity given to our Year 10 students to take time out from their busy lives to reflect on their relationships with others and with their God

If you have any requests for either of the above prayers, please leave your request at the Office.



Chanel College is on FACEBOOK!



Just go to the Chanel College website at www.chanelcollege.qld.edu.au and click on the link to take you straight to our page. It's as easy as that! **Please LIKE and SHARE.**

By doing this you will be kept up to date with current events and news. Who knows you may even see yourself on there!



****DATE CLAIMER****
GISMA MUSIC WORKSHOPS
2 – 4 August 2017
Venue to be advised

Due to low finances this year GISMA Workshops will be held over three days instead of 5. The format may be a little different but we can assure you your children will still have fun as well as a great learning experience!

It is imperative we concentrate on sponsorship and fundraising as much as we can before the workshops.

If you wish to help, please contact me on the details below or speak to your school's music teacher.

Looking forward to another fantastic GISMA this year.

For any further information contact
Shaunagh Bignell 0404 041066 or gismamusicworkshop@gmail.com

SCHOOL FEES

Chanel Fee statements emailed 28 April 2017. Please note that the second statement may have an adjusted amount due to the inclusion of the College Building Levy. Please contact Finance if you have any queries. Phone: 4973 4711 Email: finance@chanelcollege.qld.edu.au

STUDENT ACCESS CENTRE

Do you need help with Assignments? Homework? Careers?
Available are: Resources & Support Material, Friendly Faces

HOMework & ASSIGNMENT HELP

Struggling to understand or getting behind with your school work? Let our friendly staff help you.

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Inclusive Curriculum Coordinator: Mrs Robyn Jurd on 4973 4739

CAREERS ADVICE

Confused about Career Paths or have Work Experience enquiries? Make an appointment to see our friendly advisor.

Careers Officer: Mrs Crane on 4973 4738